



**ACE RMO Intake
2026 Training Year
Health New Zealand
Waitaha Canterbury
Employer Information Sheet**

Health New Zealand
Te Whatu Ora

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Health New Zealand Waitaha Canterbury

Contact

Resident Doctors Support Team

Email: RDST@cdhb.health.nz

Website: <https://www.cdhbcareers.co.nz/Clinical/Resident-Doctors/>

Why Health New Zealand Waitaha Canterbury?

There has never been a better time to consider a career with the Health New Zealand Waitaha Canterbury. We are committed to providing RMOs with an excellent employment and training environment in a city with abundant recreational attractions. You could be part of our team of professionals providing world class health care right here!

In addition to new clinical facilities, we are fortunate to have Manawa, our multi story, state of the art, education and training facility located on the Christchurch Hospital campus. Manawa is a joint venture between the University of Canterbury, ARA Institute and Health New Zealand Waitaha Canterbury.

A career with us means working for an organisation committed to providing the best health care possible to the people of Canterbury. We provide excellent training opportunities for RMOs and you will gain extensive experience in a wide variety of specialties and settings.

Attractions in the Region

Outside work, you can watch the new city taking shape while you enjoy the variety of theatre, music and sports events on offer throughout the year. Christchurch's new Metro Sports Facility is set to open in 2025 and is located close to the Christchurch Hospital Campus.

Christchurch is also the place to be if you are looking to enjoy an outdoor lifestyle. The mountains are within an hour and a half's drive from the centre of the city and the ocean is only twenty minutes away! We have lovely beaches on our doorstep and are close to a great variety of destinations for day trips and short getaways.

Come and join us!

Selection Criteria

- Mandatory Cover Letter and CV
- Consideration of ACE scoring (for PGY1 applicants)
- References from supervisors
- Commitment to living and working in Christchurch
- Professionalism

Positions Available

The number of positions expected per DHB will be released on the ACE RMO website during 2024.

PGY1 Runs

- Acute Psychiatry
- Acute Stroke Unit
- Cardiology
- Gastroenterology
- General Medicine
- General Surgery
- Neurology
- Neurosurgery
- Older Persons Health
- Oncology
- Orthopaedic Medicine
- Orthopaedic Surgery
- Otolaryngology
- Plastic & Reconstructive Surgery
- Respiratory Medicine
- Vascular

PGY2 Runs

- As Above +
- Cardiology
- Cardiothoracic Surgery
- Emergency Medicine
- General Practice
- Haematology
- Interventional Radiology
- Nephrology
- Neurosurgery
- Obstetrics and Gynaecology
- Older Persons Health Specialty Services
- Orthopaedic Acute Care
- Orthopaedic Follow Up care
- Paediatric Medicine
- Perioperative Medicine
- Psychiatry
- Psychiatry Specialty Services
- Rehabilitative Medicine
- Relief positions based in Medical or Surgical Services
- Respiratory
- Rural Hospital (Ashburton and West Coast)
- Sexual Health
- Urology

Vocational Training

All specialties of Medicine and Surgery; Psychiatry; Emergency Medicine; Intensive Care Medicine; Anaesthesia; Public Health; Pathology including Anatomical Pathology, Microbiology & Biochemistry; Obstetrics & Gynaecology; Paediatrics; Ophthalmology; and Radiology.

Late Starts

Late starts for PGY1s may be accommodated at the discretion of our District. Please note that our ability to facilitate late starts is dependent on various factors and may not be able to be confirmed until later in the year.

Regular House Officer Education

- Weekly RMO Teaching on Wednesday afternoons and Thursday lunchtimes for PGY1s and PGY2s
- RMO Grand Round once a week
- Skills Sessions
- Case Study Presentations
- Resilience and Wellbeing Sessions
- Annual Vocational Pathways Event
- Pharmacy workshops
- Meihana Model and Hui Process workshop
- Opportunity to join RMO training committee

Medical Education and Training Unit (METU)

The Medical Education and Training Unit team oversees all your education and training requirements, including relevant Medical Council of New Zealand requirements, through the provision of a structured teaching programme, supervision, mentoring, guidance, and support. The METU team includes 15 Prevocational Educational Supervisors from a wide variety of specialties who are available to provide you with regular support and guidance.

Resident Doctors' Support Team (RDST)

The Resident Doctors' Support Team at Waitaha Canterbury is just that: we are here to support you in your employment and training. We deal with the administrative side of your employment, such as recruitment, rostering and leave management.

METU and RDST are co-located and if we can't answer your query, we'll find someone who can!

Rosters

Rosters vary across the specialties however to give you an idea, most consist of:

- 1 – 2 long days per week (0800-2300)
- 1 in 7 weekends (0800-2300 each weekend day)
- Night duty in blocks of three nights and four nights, each at an approximate frequency of 1:7

Roster frequencies may vary across the Services, however most of the rosters work to a predictable template, to help you to plan your life outside work.

Some services have their own specific house officer out of hours rosters, while other services may participate in combined out of hours rosters.

Out of hours, house officers are supported by the SMO and registrar on their team, as well as by the Clinical Team Coordinators (CTCs). CTCs are senior nurses, usually with experience in ED or ICU, who can offer clinical advice, triage calls and ensure that the workload is shared evenly.

There is no need to feel alone out of hours, as help is always close at hand.

PGY1 Average Salary

Salaries vary according to union membership and the workload of the particular service to which you are allocated.

The majority of PGY1 runs are paid at a category C, \$111,905 (NZRDA collective agreement)